



## Stimming

Self-stimulatory behavior. Repetition of movement, words, or sounds often brought on by Sensory Dysregulation.



## Assistive Tools

- Communication Devices/Apps
- Sensory Items/Clothing
- ID Cards/Bracelets/Clothing
- Noise-cancelling headphones



## Calming Rituals

- Counting
- Deep Breathing
- Soothing Phrases
- Pacing



## Echolalia

Repeating questions, phrases, and words that are spoken to an individual.



# Common Autism

Indicators



## Scripting

Reciting lines from movies, books, TV shows, commercials, etc.



## Security Items

May have strong attachments to atypical personal items that give security and comfort



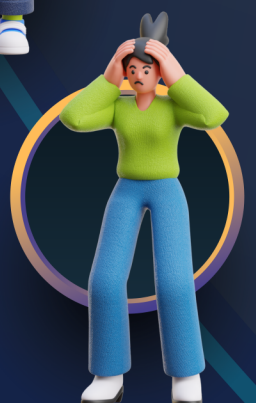
## Limited Eye Contact

Eye contact may be overwhelming. Filtering out eye contact may help with auditory processing.



## Inappropriate Volume

May have challenges modulating the volume of their speech. (Speak too loudly or too softly).



Blue  
Bridge

